

Client  
Name:

\_\_\_\_\_

Date of Birth:

\_\_\_\_\_

## Authorization to Release Information

**Gregory Upton, PsyD**

2319 N. 45<sup>th</sup> Street #312

Seattle, WA 98103

(206) 801-1408

This form, when completed and signed by you, authorizes me to release and/or obtain protected health information from your clinical record to and/or from the person you designate.

I/We hereby give permission to Gregory Upton, PsyD to:

Release protected information to \_\_\_\_\_ and/or  Exchange protected information with \_\_\_\_\_

\_\_\_\_\_  
Name of agency, physician, school counselor, therapist etc.

\_\_\_\_\_  
Phone Number

\_\_\_\_\_  
address, city, state and zip code

Information to be disclosed/exchanged (check all that apply):

- Diagnosis/Assessment & Treatment Recommendations       Treatment Notes
- Psychiatric Evaluation and Medication notes       Discharge Summary and Recommendations
- Other, please specify \_\_\_\_\_

Records for the period (dates) from \_\_\_\_\_ to \_\_\_\_\_

The purpose of such disclosure is:

- To facilitate continuity of care and treatment planning
- Other \_\_\_\_\_

I understand that this Authorization is subject to revocation/withdrawal by me at any time in writing to Dr. Upton except to the extent that action has already been taken to release this information. This Authorization shall remain valid unless revoked but **will expire in 1 year after signing**. I have a right to inspect a copy of the health information to be released and if I do not sign this Authorization, the institution named above will not release my health information. Dr. Valbuena will not refuse to treat me based on whether I agree to allow my health information to be used and disclosed to others.

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witness Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Redisclosure:** Notice is hereby given to the patient or legal representative signing this Authorization that Dr. Upton cannot guarantee that the Recipient receiving the requested health information will not redisclose any or all of it to others. Notice is hereby given to the Recipient that law prohibits the redisclosure of any health information regarding drug and/or alcohol abuse, HIV and mental health treatment.